

# U16 Girls' Free Community Clinics



Maplewood Playfield  
4801 Corson Ave S

Questions?  
[ha.brauer@discnw.org](mailto:ha.brauer@discnw.org)

## Tuesday, July 15<sup>th</sup> – 6-9PM

Guest Coaches: Charlie Mercer (Riot) and Ren Caldwell (Ren Fitness)



## Monday, July 21<sup>st</sup> – 6-9PM

Guest Coaches: Alyssa Kelly (Underground) and Margie Quinn (Underground)



No ultimate experience necessary! Bring a friend and come join the U16 Girls' YCC team for two awesome nights of ultimate clinics for girls 16 years old or younger. No age is too young!

All players must have a parent/guardian signed DiscNW waiver to be able to participate! Preregister to sign your waiver online here:

<https://www.discnw.org/events/U16GirlsCommunity/>

Or print a paper copy to bring day of the clinic:

<http://www.discnw.org/youth/2013-2014DiscNWYouthWaiver.pdf>